



2022-2023 DHMS Physical Education Schedule

Dates	<u>6th grade</u>	<u>7th grade</u>	<u>8th grade</u>
8/31 – 9/1	Intro	Intro	Intro
9/6 – 9/21	Softball	Football	Golf
9/22 – 10/10	Football	Soccer	Tennis
10/11 – 10/28	Soccer	Tennis	Football
10/31 – 11/15	Swimming	Volleyball	Soccer
11/16 – 12/1	Swimming	Fitness Room	Volleyball
12/5 – 12/16	Volleyball	Swimming	Fit/Aux
12/19-12/22	Exploratory Days	Expl Days	Expl Days
1/3 – 1/17	Health	Swimming	Badminton/PP
1/18 – 2/1	Fitness Room	Basketball	Skiing
2/2 – 2/17	Winter Activities	Swimming	Basketball
2/21 – 3/7	Basketball	Skiing	Swimming
3/8 – 3/21	Swimming	Floor Hockey	Health
3/22 – 4/11	Swimming	Health	Floor Hockey
4/12 - 4/26	Floor Hockey	Fit/Aux/Games	Swimming
4/27 – 5/12	Tennis/LaX	Softball	Lifetime Act
5/15 – 5/31	Track and Field	Lacrosse	Softball
6/1 – 6/7	Exploratory Days	Expl Days	Expl Days